

TRIPLE CITIES HIKING CLUB

November 2009 THRU February 2010



PO Box 22, Johnson City, NY 13790
triplecitieshikingclub.org

HIKE SUMMARY



Sunday, Nov. 1 **IBM Glen**
Saturday, Nov. 7 **Gilbert Lake State Park, Laurens, NY**
Sunday, Nov. 8 **Jenksville State Forest**
Sunday, Nov. 8 **Chenango Valley State Park - Dog Friendly/Friendly dog Hike - EARLY START**
Saturday, Nov. 14 **Katerskill High Peak**
Sunday, Nov. 15 **Hospital Hill**
Friday, Nov. 20 **TCHC Fall Dinner Meeting**
Sunday, Nov. 22 **Chenango Valley State Park**
Sunday, Nov. 29 **Binghamton River Walk**

Saturday, Dec. 5 **Ely Park Moonlight Hike**
Sunday, Dec. 6 **Skaneateles Victorian Christmas Shopping Walk - EARLY START**
Saturday, Dec. 12 **Camp Tuscarora**
Sunday, Dec. 13 **Brickyard**
Saturday, Dec. 19 **Oakley Corners**
Sunday, Dec. 20 **Jones Park**
Saturday, Dec. 26 **Kennedy State Forest**
Sunday, Dec. 27 **Otsiningo Park**

Sunday, Jan. 3 **IBM Glen**
Saturday, Jan. 9 **Greenwood Park**
Sunday, Jan. 10 **Binghamton University Nature Preserve**
Saturday, Jan. 16 **Bowman Lake State Park Cross Country Ski**
Sunday, Jan. 17 **Salt Springs State Park**
Saturday, Jan. 23 **Hammond Hill Cross Country Ski**
Sunday, Jan. 24 **Oakley Corners**
Fri-Sun, Jan 29-31 **Allegany State Park weekend**
Sunday, Jan. 31 **Waterman Conservation Center**

Saturday, Feb. 6 **Bear Swamp State Forest Cross Country Ski**
Sunday, Feb. 7 **Jones Park**
Saturday, Feb. 13 **Highland Forest County Park Cross Country Ski**
Sunday, Feb. 14 **Chenango Valley State Park**
Saturday, Feb. 20 **Abbott Loop**
Sunday, Feb. 21 **Wolfe Park**
Sunday, Feb. 28 **Hawkins Pond**
Fri-Sun, Feb. 26-28 **Adirondack weekend (Wiezel)**

Fri-Sun, Mar. 5-7 **Adirondack weekend (Peggy O'Brien/Grace Camp)**

For Saturday dates with no outings planned, check the TCHC e-mail listserv for postings. Subscription instructions for the listserv can be found at triplecitieshikingclub.org

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News and Notes

The TCHC Fall 2009 Dinner Meeting will be Friday, Nov. 20 at the Nimmonsburg Methodist Church, Upper Front St. across from BCC. Roy and Laurie Dando, members of the TCHC and Finger Lakes Trail Conference (FLTC) Board, will talk about their summer 2009 backpacking trip on the FLT.

Dues - send your \$5 2010 dues with your dinner meeting payment or use renewal form (last page of schedule).

Hike pace is no longer listed in the descriptions. Hikes are assumed to be approx 2 mi/hr unless noted otherwise.

The TCHC Board has decided to try a dog-friendly hike on Sunday, Nov 8. This trial hike will meet at CVSP at 9:30 am and is in addition to the normally scheduled 1 PM Jenksville hike for that day. Non-dog owners are welcome on the dog-friendly hike, and there is ample time for hikers to enjoy both hikes.

Join the TCHC e-mail listserv, hosted by yahoogroups.com. It allows the over 400 listserv subscribers to post information or ask questions pertaining to hikes and other TCHC activities. To join the TCHC listserv, see instructions at triplecitieshikingclub.org or write to the listserv moderator, LBlumberg@stny.rr.com.

Winter 2010 weekend trips - cost for lodging for each trip is \$50 per person. Reservations will be taken starting Nov. 1, and payment must be received by Dec 15 (checks payable to TCHC, mail to PO Box 22 Johnson City NY 13790). To reserve, send e-mail or call Karen Goodman, KGoodman@stny.rr.com, 648-3005.

Allegany State Park - Summit Cabins (Jan. 29-31)

Adirondack High Peaks - Wiezel Cabin (Feb 26-28)

Adirondack High Peaks - Peggy O'Brien trip (Mar. 5-7), requires a 3.5 mile backpack to the cabin

Participants will provide their own breakfasts / lunches, dinners will be group pot-luck style. All cabins are heated, and participants will be contacted ahead of time by trip leaders to make food and carpool arrangements.

TCHC information for hikers

Non-members are welcomed on all hikes. We encourage hikers to join the TCHC, annual dues are \$5/household.

Sunday hikes are generally easier and shorter than Saturday hikes, and are therefore more appropriate for beginning hikers. All hikers should wear boots and clothing appropriate for the weather and trail conditions. Hikers who are not dressed appropriately for safety, or do not have adequate experience for the planned hike may be turned away at the hike leader's discretion. In the event of a severe weather forecast, hikers should contact the hike leader for hike schedule status prior to leaving home.

Meeting time and place for each hike is posted in the schedule. Most Sunday hikes meet at 1 pm in the parking lot across from BAE on Main St in Westover, near the NY 17C / 201 interchange, west of Aldi's.

Hike leaders will provide written directions to drivers to the start of the hike. Please do not "caravan", it can be dangerous in traffic. Driving directions for many hikes can be found at triplecitieshikingclub.org ("Recreational Trails of Broome & Tioga Counties"). Carpooling to the trailhead is encouraged. Riders are to pay their driver the 8 cents a mile 'carpool fee' posted in the schedule. Hikers are required to sign the Hike Sign-Up Sheet.

While hiking, stay within "seeing distance" of your fellow hikers. It is recommended that hikers wear orange or tie orange ribbons to their packs when hiking during hunting seasons. Please be aware that some animals can be hunted year-round. No pets are permitted on TCHC hikes.

Hike rating Description

Terrain Gentle (i.e. Otsiningo). Hilly (Oakley Corners). Steep (Brick Yard). Mountainous (i.e. Catskills)

Distance Actual number of miles of the hike route

Pace Leisurely (approx 1 mile/hour) / Medium (approx 2 miles/hour) / Fast (greater than 2 miles/hour)

Note that pace is always medium except as noted in hike description.

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Sunday, Nov. 1 **IBM Glen**

Hilly terrain, 3-4 miles

1:00 PM at Westover. Carpool fee: \$1.00

Rustle through leaves as we descend into the Glen with a stream crossing. Leader: Jeff Oliveri, 648-3028, or ojeff@stny.rr.com

Saturday, Nov. 7 **Gilbert Lake State Park, Laurens, NY**

Gentle/hilly terrain, 6-7 miles

Meet: 8:00 AM at Wegmans. Carpool fee: \$7.00

We'll explore the trails around the lake. Option for a late lunch at Brooks House of BBQ in Oneonta. Leaders: Karen & Jim Gonda, 725-4521, gonda6@aol.com

Sunday, Nov. 8 **Jenksville State Forest**

Hilly terrain, 5 miles

Meet: 1:00 PM at Westover. Carpool fee: \$3.00

Hike on the yellow trails and back through the blue trails through this local and scenic state forest near Newark Valley. Leader: Kevin Normile, 428-0529 or 759-7220, or kevinthehiker@gmail.com

AND

Sunday, Nov. 8 **Chenango Valley State Park - Dog Friendly/Friendly Dog Hike - EARLY START**

Hilly terrain, 4-5 miles

Meet: 9:30 AM at the **CVSP Beach Parking Lot**.

Join Karen for a special "trial" dog friendly hike. Each person is responsible for cleaning up after his/her dog, and dogs must be on a six-foot leash. Remember the dogs must have good manners around other dogs and people.

Non-dog owner hikers are welcome. You will also have time to attend the regularly scheduled 1 PM hike with Kevin meeting at Westover. Leader: Karen Cole, 722-8673 or kcole17@stny.rr.com

Saturday, Nov. 14 **Katerskill High Peak**

Mountainous terrain, 13 miles

Meet: Call leader. Carpool fee: 20.00

Long but spectacular day, great and numerous views, waterfalls, plane crashes, gorges. Leaders: Lindsey Leiser, 723-2357, or adk46@stny.rr.com and Sharon Blabac, 724-8151, or sbmt58@yahoo.com

Sunday, Nov. 15 **Hospital Hill**

Steep terrain, 4 miles

Meet: 1:00 PM at Westover. Carpool fee: 2.00

One steep hill, nice trails but could be some mud. Leaders: Lindsey Leiser, 723-2357, or adk46@stny.rr.com and Sharon Blabac, 724-8151, or sbmt58@yahoo.com

Friday, Nov. 20 **TCHC Fall Dinner Meeting** - SEE ENCLOSED DINNER RESERVATION FORM

NOTE: NY DEER SEASON - NOV 21 to Dec 13

Sunday, Nov. 22 **Chenango Valley State Park**

Hilly terrain, 4 miles

Meet: 1:00 PM at Westover. Carpool fee: \$3.00

We'll meet at the beach area and meander around the lake and check out some of the northern trails of this beautiful park. Leader: Jeff Oliveri, 648-3028, or ojeff@stny.rr.com

Sunday, Nov. 29 **Binghamton River Walk**

Gentle terrain, 4 miles

Meet: 1:00 PM at Westover. Carpool fee: \$2.00

Walk along the river thru Binghamton and end at the Soccer fields in Otsiningo Park. Leader: Lisa Houston, 372-2704, or LHTNH@aol.com

TCHC website: triplecitieshikingclub.org

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November 2009 THRU February 2010

Saturday, Dec. 5 **Ely Park Moonlight Hike**

Hilly terrain, 4 miles

Meet: 6:00 PM at Sunrise Terrace McDonald's, I-81 Exit 5. Carpool fee: none

We will hike or snowshoe the top of Prospect Mountain, taking in the wonderful views of Binghamton city lights. In case of rain, call the hike leader beforehand. Dinner option afterwards at a nice local restaurant. Leaders: Ron Brink, 607-237-5290, hikingbrinkster@yahoo.com and Cindi Girard, 341-5564.

Sunday, Dec. 6 **Skaneateles Victorian Christmas Shopping Walk - EARLY START**

Gentle terrain, 0-3 miles

Meet: 11 AM at Westover (**EARLY START**). Carpool fee: \$13.00

Skaneateles is a beautiful village in the Finger Lakes that recreates the Victorian Era at Christmas. Walk the quaint village, enjoy the caroling, and do some holiday shopping. This will be self-guided in small groups due to small shops and lots of other shoppers. Leader: Karen Cole, 722-8673, or kcole17@stny.rr.com

Saturday, Dec. 12 **Camp Tuscarora**

Hilly terrain, 7 miles

Meet: 9:00 AM at Wegman's North Lot. Carpool fee: \$5.00

Depending on snow conditions, hike, snowshoe, or backcountry ski the many trails at Boy Scout Camp Tuscarora, located between Windsor and Deposit. Leader: Mike Gebhard 624-1231, or mvgbhard@hughes.net. Co-Leader Larry Blumberg 797-0912, or lblumberg@stny.rr.com

Sunday, Dec. 13 **Brickyard**

Steep terrain, 4 miles

Meet: 1:00 PM at Westover. Carpool fee: \$ 2.00

One tough hill, may be some ice, great views, longer hike. Leaders: Lindsey Leiser, 723-2357, or adk46@stny.rr.com and Sharon Blabac, 724-8151, or sbmt58@yahoo.com

Saturday, Dec. 19 **Oakley Corners**

Hilly terrain, 5-7 miles

Meet: 10 AM at west end of Kmart parking lot in Endicott. Carpool fee: \$2.00

Burn off some holiday stress. Depending on snow conditions, we'll hike, snowshoe, or backcountry ski at this popular destination near Newark Valley. Leader: Diann Zeigler 748-7061 or diannhiker@gmail.com

Sunday, Dec. 20 **Jones Park**

Hilly terrain, 3-4 miles

Meet: 1:00 PM at Westover Carpool fee: \$1.00.

Hike in this lovely Town of Vestal Park. Leader: Ray Recchia, 692-2584, or rrecchia@frontiernet.net.

Saturday, Dec. 26 **Kennedy State Forest**

Hilly terrain, 5 miles

Meet: 10:00AM at west end of Lowe's parking lot, Upper Front St. Carpool fee: \$5.00

Cross country ski in this challenging forest. Ski on some of the FLT. Pack a lunch/water. Call about ski conditions and alternate rendezvous points. Leader: Don Powell, 775-3041, or dspowell67@aol.com

Sunday, Dec. 27 **Otsiningo Park**

Gentle terrain, 4-5 miles

Meet: 1:00 PM at Westover. Carpool fee: \$1.00

Let's work off the holiday calories with a hike at this nearby park. Leader: Jill McConnell, 729-4768, or jmcconnell4@stny.rr.com. Co-leader: Joanne Dillon, 570-553-2633, or jnndillon@yahoo.com

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November 2009 THRU February 2010

Sunday, Jan. 3 **IBM Glen**

Hilly terrain, 3-4 miles

1:00 PM at Westover. Carpool fee: \$1.00

Woods trail, gorge, paved paths, stone arch bridges. All right in town! Leader: Jill McConnell, 729-4768, or jmcconnell4@stny.rr.com. Co-leader: Joanne Dillon, 570-553-2633, or jnndillon@yahoo.com

Saturday, Jan. 9 **Greenwood Park**

Hilly terrain, five miles

Meet: 10:00 AM at Wegman's north lot. Carpool fee: \$2.00

Ski or snowshoe the trails at this pretty Broome County park if there is snow, or hike if not. There is a small trail pass fee. X-country ski rentals are available with nice warming area. Possible lunch option afterwards. Leader: Ron Brink, 607-237-5290, hikingbrinkster@yahoo.com. Co-leader: Cindi Girard, 341-5564.

Sunday, Jan. 10 **Binghamton University Nature Preserve**

Gentle to hilly terrain, 3-4 miles

Meet: 1:00 PM at Westover. Carpool fee: \$2.00

We'll hike the Ridge Trail and the surrounding trails, depending on conditions. Leaders: Karen & Jim Gonda, 725-4521, or gonda6@aol.com

Saturday, Jan. 16 **Bowman Lake State Park Cross Country Ski**

Hilly terrain, 8-10 miles

Meet: 9:00 behind Denny's on Upper Front Street. Carpool fee: \$5.00

We'll ski/snowshoe or, if necessary, hike all the trails, including the FLT and the Kopac. Bring lunch. Hope for good snow. Leader: Karen Goodman, 648-3005, or kgoodman@stny.rr.com

Sunday, Jan. 17 **Salt Springs State Park**

Gentle to hilly terrain, 3+ miles

Meet: 1:00 PM at Westover. Carpool fee: \$4.00

Hike Silver Creek side up to the Meadow area and then to Fallbrook, then Hemlock Trail. Wear good boots, could be slippery. Leader: Lisa Houston, 372-2704, or LHTNH@aol.com. Co-leader: Joanne Dillon, 570-553-2633, or jnndillon@yahoo.com

Saturday, Jan. 23 **Hammond Hill Cross Country Ski**

Hilly terrain, app. 8-10 miles

9:00 AM at Wegman's north lot. Carpool fee: \$6.00

Join Matt and Margie for a x-country ski at this popular state forest near Richford.

Leaders: Margie Stackhouse 748-6034, or mstackhou@stny.rr.com and Matt Rose 765-1590, or tamesor@aol.com

Sunday, Jan. 24 **Oakley Corners**

Hilly terrain, 3-4 miles

Meet: 1:00 PM at Westover. Carpool fee: \$2.00

Hike the south side of Oakley Corners, a state forest, near Newark Valley - the frozen ponds can be beautiful.

Leader: Raymond Recchia 692-2584, or rrecchia@frontiernet.net

Fri-Sun, Jan 29-31 **Allegany State Park weekend**

Pre-payment required: see News and Notes section. Carpool fee: \$32.00

Ldrs: Larry Blumberg, 797-0912, Lblumberg@stny.rr.com / Karen Goodman, 648-3005, Kgoodman@stny.rr.com

Sunday, Jan. 31 **Waterman Conservation Center**

Gentle to hilly terrain, 3-4 miles

Meet: 1:00 PM at Westover. Carpool fee: \$2.00

Hike the trails of Waterman with Geri. Skiers welcome. Leader: Geri Chapman, 768-4349, or gerbear100@hotmail.com

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Saturday, Feb. 6 **Bear Swamp State Forest Cross Country Ski**

Hilly terrain, app. 8-10 miles

Meet: 9:00 AM at Wegman's north lot. Contact leader for alternate meeting places. Carpool fee: \$9.00

Enjoy this x-country ski area, if there is no snow, we'll hike. Dress for the weather (no warming hut), bring water/lunch/snacks. Leader: Kristin Schafer, (607)-242-5790, or kristinhiker@yahoo.com Co-leader: Diann Zeigler, 748-7061, or diannhiker@gmail.com

Sunday, Feb. 7 **Jones Park**

Hilly terrain, 3-4 miles

Meet: 1:00 PM at Westover. Carpool fee: \$1.00

A winter hike in this lovely Town of Vestal Park. Leader: Joanne Dillon, 570-553-2633, or jnndillon@yahoo.com. Co-leader: Kevin Normile, 428-0529 or 759-7220, or kevinthehiker@gmail.com

Saturday, Feb. 13 **Highland Forest County Park Ski**

Hilly terrain, 9 miles

Meet: 9:00 AM behind Denny's Upper Front Street. Carpool fee: \$9.00

Ski the outer loop of this lovely Onondaga County park-can add other trails. Good opportunity for novice skiers. We'll hike if no snow. Bring lunch and water. Leader: Karen Goodman, 648-3005, or kgoodman@stny.rr.com

Sunday, Feb. 14 **Chenango Valley State Park**

Hilly terrain, 4-5 miles

Meet: 1:00 PM at Westover. Call leader for alternate meeting place. Carpool fee: \$3.00

We'll wander around the trails enjoying the winter day. If there is snow snowshoeing or X-county skiing is available. Leader: Karen Cole, 722-8673 or kcole17@stny.rr.com

Saturday, Feb. 20 **Abbott Loop**

Hilly/steep terrain, 8 miles

Meet: 7:00 AM at Wegman's North Lot. Carpool fee: \$7.00

This will be a hike/ snowshoe outing depending on the amount of snow. We will hike an 8-mile loop partially on the FLT in Danby State Forest. Bring a trail lunch. Leader: Bev Kelsey 743-2120 or bk13904@yahoo.com

Sunday, Feb. 21 **Wolfe Park**

Hilly terrain, 3-4 miles

Meet: 1:00 PM at Westover. Carpool fee: \$2.00

We will hike/snowshoe in the Town of Chenango park. Depending on conditions, we may check out the stream. Leader: Jeff Oliveri, 648-3028, or ojeff@stny.rr.com

Sunday, Feb. 28 **Hawkins Pond**

Hilly terrain, 4-5 miles

Meet: 1:00 PM at Westover. Carpool fee: \$6.00

Enjoy a winter hike in this lovely park. Leader: Geri Chapman, 768-4349, or gerbear100@hotmail.com

Fri-Sun, Feb. 26-28 **Adirondack weekend (Wiesel)**

Pre-payment required: see News and Notes section. Carpool fee: \$40.00

Ldrs: Dave Martin, 754-9210, dwmartin@stny.rr.com / Larry Blumberg, 797-0912, Lblumberg@stny.rr.com

Fri-Sun, Mar. 5-7 **Adirondack weekend (Peggy O'Brien/Grace Camp)**

Pre-payment required: see News and Notes section. Carpool fee: \$40.00

For experienced backpackers only. Leaders: Matt Rose 765-1590, or ttamesor@aol.com and Ken Morgan, 772-8377, or morgankg@us.ibm

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OFFICERS & BOARD MEMBERS	PHONE	TERM	E-MAIL
Lindsey Leiser, President	723-2357	2011	ADK46@stny.rr.com
Susan Blumberg, Vice-President	797-0912	2010	sblum@stny.rr.com
Ron Brink, Treasurer	237-5290	2011	Rbrink@co.broome.ny.us
Ray Recchia, Secretary	692-2584	2010	Rrecchia@frontiernet.net
Karen Gonda	725-4521	2012	gonda6@aol.com
Sharon Blabac	724-8151	2012	sbmt58@yahoo.com
Joanne Dillon	570-553-2633	2012	jnndillon@yahoo.com
Jeff Oliveri	648-3028	2012	ojeff@stny.rr.com
Lisa Houston	372-2704	2011	LHTNH@aol.com
Geri Chapman	768-4349	2011	gerbear100@hotmail.com
Karen Cole	722-8673	2010	kcole17@stny.rr.com
Jill McConnell	729-4768	2010	jmccconnell4@stny.rr.com

Appointees

Mailing List / Membership	Larry Blumberg	797-0912	lblumberg@stny.rr.com
Publicity	Kevin Normile	428-0529	kevinthehiker@gmail.com
Historian	Diana Liu	786-0401	dliu@copper.net
FLT Trails Chairman	Roy Dando	785-3141	Rdando@verizon.net
Audit	Herb Haake	754-8417	hekaah@yahoo.com
TCHC web master	Larry Blumberg	797-0912	lblumberg@stny.rr.com
TCHC web master	Geri Chapman	768-4349	gerbear100@hotmail.com
TCHC web master	Kevin Normile	428-0529	kevinthehiker@gmail.com

Finger Lakes Trail News (fingerlakestrail.org)

The TCHC maintains a 33 mile section of the 562 mile long Finger Lakes Trail, from Bowman Lake State Park to Bainbridge. It is divided into sections maintained by volunteer stewards from the TCHC. Volunteers are always needed and encouraged to participate in the scheduled maintenance hikes (as listed in the TCHC schedule) or to become a trail steward. For additional information, contact the TCHC / FLT Trails Chair Roy Dando, 785-3141 (Rdando@verizon.net).

Trail Steward	FLT Map #	Miles	Start	Stop
Wes Ernsberger	24	5.5	Sherman	Hogan Rd
Laurie & Roy Dando	24	3.8	Hogan	Fred Wilcox
Karen Goodman	25	3.1	Fred Wilcox	Buckley Hollow
Wes Ernsberger	25	3.3	Buckley Hollow	Basswood Rd
Chris Snow	25	3.2	Basswood Rd	Puckerville Rd
Julian Shepherd	25-26	7.7	Puckerville Rd	Cooper School House
Diann Zeigler	26	2.1	Cooper School House	Searles Hill
Roger Ashworth	26	4.2	Searles Hill	Susquehanna River



Aug, 2009 TCHC weekend in the Adirondack High Peaks...hikers pose on Pyramid Peak, just below the summit of Gothics.

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November 2009 THRU February 2010

MEMBERSHIP APPLICATION

The Triple Cities Hiking Club invites you to become a member for **\$5.00 a year per mailing address** and receive the hike schedule in the mail. You may also use this application blank to renew membership. Mail with your \$5 check to: **TCHC, P.O. BOX 22, Johnson City, NY 13790**

_____ New Member or _____ Renewal for Calendar year 20_____
(Dues paid from November 1 will cover the following calendar year)

Name(s) _____ Phone: _____
Address _____

E-mail Address for TCHC Listserv _____.

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PO Box 22
Johnson City, NY 13790